

SCHEDULE TRAINING SESSIONS

World Cup 5, Sørmarka Arena, Stavanger Norway

DAY	FROM	TILL	REMARKS	DAY	FROM	TILL	ACTIVITY	REMARKS	
Monday	morning session				Friday				
	09:00	09:45	Teams B						
	Ice preparation								
	09:55	10:40	Teams B						
	Ice preparation (also warmup lane)								
	10:55	11:40	Teams A						
	Ice preparation								
	11:50	12:30	Teams A						
	afternoon session								
	Ice preparation			Official ice training (all participants)					
15:35	16:25								
Ice preparation									
16:40	17:30								
Tuesday	morning session				Saturday				
	09:00	09:45	Teams A						
	Ice preparation								
	09:55	10:40	Teams A						
	Ice preparation (also warmup lane)								
	10:55	11:40	Teams B						
	Ice preparation								
	11:50	12:30	Teams B						
	afternoon session								
	Ice preparation			Official ice training (all participants)					
15:35	16:25								
Ice preparation									
16:40	17:30								
Wednesday	morning session				Sunday				
	09:00	09:45	Teams A						
	Ice preparation								
	09:55	10:40	Teams A						
	Ice preparation								
	10:55	11:40	Teams B						
	Ice preparation								
	11:50	12:30	Teams B						
	afternoon session								
	Ice preparation			Official ice training (all participants)					
15:35	16:25								
Ice preparation									
16:40	17:30								
Thursday	morning session				ATTENTION				
	09:00	09:45	Teams B	Morning sessions are divided between 2 Groups :					
	Ice preparation			Teams A: National teams of AUS, BEL, CHN, CZE, DEN, FRA, GER, JPN, LAT, NED, NOR, SWE, USA					
	09:55	10:40	Teams B	Teams B: National teams of AUT, BLR, CAN, COL, ESP, EST, FIN, HUN, ITA, KAZ, KOR, NZL, POL, RUS, SUI, TPE					
	Ice preparation			Afternoon session are for all participants from national and intercontinental teams					
	10:55	11:40	Teams A	(***) ONLY COMPETITORS OF THIS RACE DAY !!!					
	Ice preparation								
	11:50	12:30	Teams A						
	afternoon session								
	Ice preparation			Official ice training (all participants)					
15:35	16:25								
Ice preparation									
16:40	17:30								