

STAVANGER - NORWAY
29 - 31 JANUARY 2016

ISU **WORLD CUP**
SPEED SKATING



ISU World Cup Speed Skating
Stavanger, Norway

Information

January 29, 30 and 31, 2016
Sørmarka Arena
Ladies & Men - All Distances



Official Sponsors of the ISU World Cup Speed Skating



INFORMATION

ISU World Cup Speed Skating

Ladies and Men

Sørmarka Arena

January 29-January 31, 2016

WELCOME TO STAVANGER !

*On behalf of the Organizing Committee,
I welcome skaters, team leaders and support staff
to Stavanger and Sørmarka Arena for the first time
on the occasion of the ISU World Cup Speed Skating 2016.*

*We have done our utmost through the preparation period
to provide good and equal conditions for all skaters.
We look forward to exciting races and excellent results.*

*Once again – welcome and good luck – and
may the best skaters end up as winners !*

*Sincerely
Tor Helge Hetland
Chairman
Organizing Committee*

Organizing Committee

| | |
|--|---|
| Chairman | Tor Helge Hetland |
| Assistant | Knut B. Carlsen |
| Venue Facilities | Nina Eskeland, Inge Bjørgerem, Erik Dahle |
| Support Functions | Arne Walther Kranzmann |
| Marketing / Sponsors Hospitality | Stein Oddvar Sægrov |
| Hospitality / Team Support | Hege Bratli |
| Competition Manager/ Technical Organization | Erik Øsmundset, Knut B. Carlsen |
| Ice Expert | Terje Bøifot |
| NSF Secretary General | Halvor Lauvstad |
| Treasurer | Halvor Lauvstad |
| Security | Bjørgulv Fjermestad |
| Accommodation | Hege Bratli |
| Team Information | Svenn Erik Ødegaard, Heidi Støen, Trude Evjen |
| Accreditation | Thor Flickerud, Ståle Skramstad |
| Transportation | Håkon Engen |
| Information | Trude Evjen |
| Media Support | Tor Helge Hetland |
| Doctor | Terje Mehling |
| Sport Expert | Svenn Erik Ødegaard |
| Assistant Sport Expert | Jørgen Leknes |
| Secretariat | Trond Eng, Jørgen Leknes |
| VIP | Tor Helge Hetland |
| Ceremony | Marianne Kranzmann |
| Tickets | Christian Topstad, Halvor Lauvstad |

World Cup Officials

| | | |
|---|--|------------------------------|
| ISU Representative World Cup Coordinator | Mr. Jan Dijkema Vice President of the ISU | NED |
| ISU Speed Skating Technical Committee Representative | Ms. Jildou Gemser | NED |
| ISU World Cup Coordinator | Ms. Daria Kamelkova | RUS |
| Referee Ladies Assistant Referee Ladies | Mr. Knut A. Olsen Ms. Debora Sighel | NOR ITA |
| Referee Men Assistant Referee Men | Mr. Daniel Cabelduc Mr. Berri de Jonge | SWE NED |
| Starters Ladies | Mr. Jyrki Jääskelainen Ms. Tone Sørli | FIN NOR (B Division only) |
| Starters Men | Mr. Roland Steinbeck Ms. Tone Sørli | GER NOR (B Division only) |

Day by Day Schedule

| | | |
|-------------------------------------|-------------------------------------|---|
| Saturday January 23 | 15:00-17:00 | Open training, ice preparation 16:00-16:15. |
| Sunday January 24 | 15:00-17:00 | Open training, ice preparation 16:00-16:15. |
| Monday January 25 | 09:00-09:45 | Training teams B |
| | Ice preparation | |
| | 09:55-10:40 | Training teams B |
| | Ice preparation (incl. warmup lane) | |
| | 10:55-11:40 | Training teams A |
| | Ice preparation | |
| | 11:50-12:30 | Training teams A |
| Tuesday January 26 | 15:35-16:25 | Official ice training (all participants) |
| | Ice preparation | |
| | 16:40-17:30 | Official ice training (all participants) |
| | 09:00-09:45 | Training teams A |
| | Ice preparation | |
| | 09:55-10:40 | Training teams A |
| | Ice preparation (incl. warmup lane) | |
| Wednesday Jan. 27 | 10:55-11:40 | Training teams B |
| | Ice preparation | |
| | 11:50-12:30 | Training teams B |
| | 15:35-16:25 | Official ice training (all participants) |
| | Ice preparation | |
| | 16:40-17:30 | Official ice training (all participants) |
| | Thursday January 28 | 09:00-09:45 |
| Ice preparation | | |
| 09:55-10:40 | | Training teams A |
| Ice preparation (incl. warmup lane) | | |
| 10:55-11:40 | | Training teams B |
| Ice preparation | | |
| 11:50-12:30 | | Training teams B |
| Friday January 29 | 15:35-16:25 | Official ice training (all participants) |
| | 16:00 | Team Leaders' meeting, Scandic Forum Hotel. |
| | 18:00 | Opening Draw, Scandic Forum Hotel. |
| | 07:15* | Sørmarka Arena is open |
| | 07:45-08:45* | Training |
| | 08:45-09:00* | Ice preparation |
| | 09:00-09:40* | Training |

| | |
|--------------|--|
| 09:40-10:00* | Ice preparation |
| 09:55* | Test pair |
| 10:00* | Division B 500m Ladies, Division B 500m Men, Division B 1000m Ladies, Division B 1500m Men. |
| 15:30 | Ice preparation |
| 15:55 | Official opening |
| 16:00 | Division A 500m Ladies, Division A 500m Men, Division A 1000m Ladies, Division A 1500m Men |

| | | |
|---------------------|--------------|---|
| Saturday January 30 | 07:00* | Sørmarka Arena is open |
| | 07:30-08:40* | Training |
| | 08:40-09:00* | Ice preparation |
| | 08:55* | Test pair |
| | 09:00* | Division B 500m Ladies, Division B 1000m Men, Division B 1500m Ladies, Division B 5000m Men, |
| | 14:05-14:30 | Ice preparation |
| | 14:30 | Division A 500m Ladies, Division A 1000m Men, Division A 1500m Ladies, Division A 5000m Men |

| | | |
|-------------------|--------------|---|
| Sunday January 31 | 07:00* | Sørmarka Arena is open |
| | 07:30-08:40* | Training |
| | 08:40-09:00* | Ice preparation |
| | 08:55* | Test pair |
| | 09:00* | Division B 500m Men, Division B 1000m Ladies, Division B 1000m Men, Division B 3000m Ladies. |
| | 14:05-14:30 | Ice preparation |
| | 14:30 | Division A 500m Men, Division A 1000m Ladies, Division A 1000m Men, Division A 3000m Ladies. |

* Time, to be decided.

Training morning sessions are divided between 2 Groups:

Teams A: National teams of AUS, BEL, CHN, CZE, DEN, FRA, GER, JPN, LAT, NED, NOR, SWE, USA.

Teams B: National teams of AUT, BLR, CAN, COL, ESP, EST, FIN, HUN, ITA, KAZ, KOR, NZL, POL, RUS, SUI, TPE

ISU World Cup Speed Skating

The competition will be organized in accordance to the 2014 Regulations of the International Skating Union and Technical Rules for Speed Skating and relevant ISU Communication No. 1958.

The World Cup competition will serve as qualifying event for quota places at the ISU World Allround Speed Skating Championships 2016 and the ISU World Sprint Speed Skating Championships 2016 in accordance with ISU Communication No. 1958.

Entry quotas are extended according to ISU Communication No. 1958 paragraph 3.4.

ISU Declaration Forms

All officials, team leaders and competitors must sign an ISU Declaration Form in order to get an accreditation: In case of declarations sent to the ISU in the past, the Organizing Committee will check the ISU-database. See also ISU Communication No. 1628.

Team leaders and/or competitors who are not registered in the ISU-database:

At the latest on Thursday, January 28, at 12:00 hours each team leader is requested to hand over the ISU-declaration, completely filled in and signed by the competitor/team leader involved, together with a copy of their passport to the Information Desk at Scandic Forum Hotel.

Confirming Entries

At latest on Thursday, January 28 at 12:00 each team leader is requested to present to the Information Desk, Scandic Forum Hotel the confirming Final entry forms.

Free Tickets

Skaters can request two tickets per day of competition for family members. Each team leader is requested to hand over a list as soon as possible upon arrival to the Information Desk, Scandic Forum Hotel. The tickets can be picked up at the Information Desk by each team leader on Thursday, January 28 at 12.00-15.00.

Telephone and Fax numbers, Service hours

Information Desk, Scandic Forum Hotel opening time:

| | |
|----------------------|--------------------------|
| Monday January 25 | 11:00-19:00 |
| Tuesday January 26 | 08:00-19:00 |
| Wednesday January 27 | 08:00-19:00 |
| Thursday January 28 | 08:00-19:00, 19:00-21:00 |
| Friday January 29 | 07:00-11:00, 19:00-21:00 |
| Saturday January 30 | 07:00-11:00, 19:00-21:00 |
| Sunday January 31 | 07:00-11:00 |

Persons available at the Information Desk Scandic Forum Hotel

| | |
|---------------------|--|
| Svenn Erik Ødegaard | +47 918 28 999, Svenn-Erik.Odegaard@nif.idrett.no |
| Hege Bratli | +47 482 85 027. |

Scandic Forum Hotel:

Phone +47 51 93 00 00.
E-mail forum@scandichotels.com

Scandic Stavanger City Hotel:

Phone +47 21 61 52 00.
E-mail stavangercity@scandichotels.com

Accreditation at Sørmarka Arena:

Monday 12:00-18:00.
Tuesday - Saturday 08:00-18:00.
Sunday 08:00-12:00.

Accreditation Manager Thor Flikkerud +47 404 12 440.

Transportation Office:

Monday- Thursday 08:00-19:00.
Friday 07:00-19:30.
Saturday 06:45-19:00.
Sunday 06:45-18:30.

Transport Manager, Håkon Engen +47 404 78 744.

Information Desk Sørmarka Arena:

Thursday 08:00-19:00.
Friday 07:00-19:30.
Saturday 07:00-19:00.
Sunday 07:00-18:30.

Information Desk Manager, Trude Evjen +47 997 77 324.

Accreditation / entrance

You will get your accreditation in Sørmarka Arena, ground floor. We kindly ask you to bring with you a copy of the passport or other identification.

The accreditation card **must** be worn from Tuesday, January 26.

Before Tuesday, January 26, entrance fee for skaters and team officials NOK 115 per day.

Tuesday, January 26 – Sunday January 31, free entrance using Accreditation Card.

Entrance at ground floor, Sørmarka Arena.

Warming up Facilities

The skaters can make their warming up in the fitness centre located at the ground floor.

Training Facilities

Times for training sessions is according to Day by Day Schedule in this document.

Meals at the Hotels

| | | |
|-----------|-------------------|-------------------------------------|
| Breakfast | Monday - Thursday | 07:00 - 10:00 |
| | Friday - Sunday | 05:30 - 10:00 |
| Lunch | Monday – Sunday | 11:00 - 13:00 According to schedule |
| Lunch | Monday – Sunday | 13:00 - 15:00 According to schedule |
| Dinner | Monday - Sunday | 17:00 - 19:00 According to schedule |
| Dinner | Monday - Sunday | 19:00 - 21:00 According to schedule |

If not otherwise agreed, the accommodation at official hotels for competitors, team officials, ISU representatives, ISU officials (referees and starters) and other persons attending the ISU World Cup competition is arranged with full board and lodging, with all meals included. If someone for some reason will have only room with breakfast or will be away for some meals, please inform the reception, so that the bill can be reduced accordingly.

Team leaders' Meeting

A team leaders' meeting will be held at Scandic Forum Hotel on Thursday, January 28 at 16:00.

Drawing

The grouping and drawing of pairs will be made according to ISU Communication No. 1958, paragraph 5. The Opening Draw will take place at Scandic Forum Hotel on Thursday, January 28 at 18:00.

Transportation

There are public connections from Stavanger Airport Sola to the two official hotels every 30 minutes, NOK 110 per person. Taxi transfer is available at NOK 500-700 one way.

A shuttle bus service will be available for transportation between the two official hotels and Sørmarka Arena from Monday, January 25.

Departure

There are public connections from the two official hotels to Stavanger Airport Sola every 30 minutes, NOK 110 per person. Taxi transfer is available at NOK 500-700 one way.

Mixed Zone

Mixed Zone is in Sørmarka Arena where you enter the changing rooms.

Ceremonies

There will be ceremonies presenting flowers to the 3 best skaters in A Divisions and B Division after each distance.

We ask the skaters to be present for the ceremonies immediately when announced.

Anti Doping

Anti-doping tests will be carried out in accordance with the valid ISU Anti-Doping Rules and ISU Anti-Doping Procedures (ISU Communications Nos. 1871, 1872, 1922 and 1970 or any further updates of these Communications).

Coaches' areas

Coaches are allowed in coaches area according to ISU Regulations Rule 227, §6

Designated areas for skaters and team officials

Non-competing skaters and team leaders have their own marked area on the stands.

Medical Services

Medical doctor: available January 25-31 Phone:

+47 480 76 316 (Terje Meling; Orthopedic Surgeon)

+47 971 17 751 (Pieter Oord; Orthopedic Surgeon)

Two First Aid Spots around the rink and the First Aid Room will be open and staffed from January 28-31. The First Aid Room will be located "inside" the work-out room (close to the main entrance).

Located in the First Aid Room or just outside the room there will be a separate bench available for the teams' physiotherapists.

General Medical information:

Acute medical phone number in Norway is: 113

The Urgent Care Clinic number is: 116117

Address: Armauer Hansens vei 30, 4011 Stavanger

Located next to the Stavanger University Hospital

Distance from Ice Rink: About 2-3 km

Protocol

The protocol will be ready after the last race on Sunday, January 31 and will be available at the event web-site.

Media Centre

The Media Centre is located in Sørmarka Arena, first floor.

Opening times:

Friday - Sunday 08:00-20:00

Press Centre Manager, Tor Helge Hetland +47 908 99 447.

Mail boxes

Each team has their own "Mail box", placed at the entrance of the dressing room corridor.

SCHEDULE TRAINING SESSIONS

World Cup 5, Sormarka Arena, Stavanger Norway

| DAY | FROM | TILL | REMARKS | DAY | FROM | TILL | ACTIVITY | REMARKS | | | | |
|------------------------------------|------------------------------------|--|---|-----------|------|------|----------|----------|---|--|--|--|
| Monday | morning session | | | Friday | | | | | | | | |
| | 09:00 | 09:45 | Teams B | | | | | | | | | |
| | Ice preparation | | | | | | | | | | | |
| | 09:55 | 10:40 | Teams B | | | | | | | | | |
| | Ice preparation (also warmup lane) | | | | | | | | | | | |
| | 10:55 | 11:40 | Teams A | | | | | | | | | |
| | Ice preparation | | | | | | | | | | | |
| | 11:50 | 12:30 | Teams A | | | | | | | | | |
| afternoon session | | | Saturday | | | | | | | | | |
| Ice preparation | | | | | | | | | | | | |
| 15:35 | 16:25 | Official ice training (all participants) | | | | | | | | | | |
| Ice preparation | | | | | | | | | | | | |
| 16:40 | 17:30 | | | | | | | | | | | |
| morning session | | | | | | | | Sunday | | | | |
| 09:00 | 09:45 | Teams A | | | | | | | | | | |
| Ice preparation | | | | | | | | | | | | |
| 09:55 | 10:40 | Teams A | | | | | | | | | | |
| Ice preparation (also warmup lane) | | | | | | | | | | | | |
| 10:55 | 11:40 | Teams B | | | | | | | | | | |
| Ice preparation | | | | | | | | | | | | |
| 11:50 | 12:30 | Teams B | | | | | | | | | | |
| afternoon session | | | Wednesday | ATTENTION | | | | | | | | |
| Ice preparation | | | | | | | | | | | | |
| 15:35 | 16:25 | Official ice training (all participants) | | | | | | | | | | |
| Ice preparation | | | | | | | | | | | | |
| 16:40 | 17:30 | | | | | | | | | | | |
| morning session | | | | | | | | Thursday | Morning sessions are divided between 2 Groups : | | | |
| 09:00 | 09:45 | Teams B | | | | | | | Teams A: National teams of AUS, BEL, CHN, CZE, DEN, FRA, GER, JPN, LAT, NED, NOR, SWE, USA | | | |
| Ice preparation | | | | | | | | | Teams B: National teams of AUT, BLR, CAN, COL, ESP, EST, FIN, HUN, ITA, KAZ, KOR, NZL, POL, RUS, SUI, TPE | | | |
| 09:55 | 10:40 | Teams B | Afternoon session are for all participants from national and intercontinental teams | | | | | | | | | |
| Ice preparation | | | (***) ONLY COMPETITORS OF THIS RACE DAY !!! | | | | | | | | | |
| 10:55 | 11:40 | Teams A | | | | | | | | | | |
| Ice preparation | | | | | | | | | | | | |
| 11:50 | 12:30 | Teams A | | | | | | | | | | |
| afternoon session | | | Official ice training (all participants) | | | | | | | | | |
| Ice preparation | | | | | | | | | | | | |
| 15:35 | 16:25 | | | | | | | | | | | |
| Ice preparation | | | | | | | | | | | | |
| 16:40 | 17:30 | | | | | | | | | | | |